

# INFORMATION AND ENTRY AOK 10KM RUN

# 25th DRESDEN-MARATHON Sun, 26/10/2025 - <u>8:30 a.m.</u> NEW STARTING TIME!

A fast 10K through DRESDEN – whether you're chasing a new personal best or running 10 kilometers non-stop for the first time as a beginner, this race has something for everyone. The **AOK 10K Run** is the most popular race distance at the **DRESDEN MARATHON** after the half marathon.

You'll start right at the historic **Erlweinspeicher** (now the Maritim Hotel Dresden), exactly where the marathon finish line stood until 2024. After crossing the Elbe River, you'll explore the **Innere Neustadt**, passing the **Japanese Palace** and Dresden's government district. On the way to the **Waldschlößchen Bridge**, you'll experience the stunning natural beauty of the **Elbe meadows**.

After a second crossing of the Elbe, the route continues along the riverside bike path on the left bank. You'll run along the water back into the historic Old Town, directly beneath the **Brühl's Terrace**, past the **Semper Opera House**, and through the **marathon gate** of the **Heinz-Steyer-Stadium**. Cheered on by the crowd, you'll finish with half a lap around the track, crossing the grand finish line of the **25th DRESDEN MARATHON**.



# **GOOD TO KNOW BEFORE RUN**

# **ELIGIBILITY & REGISTRATION**

#### www.DRESDEN-MARATHON.com

All runners born in 2011 or earlier are eligible to participate.

Registration is available online at <u>www.dresden-marathon.com</u>. By registering, each participant acknowledges and accepts the General Terms and Conditions of Dresdner Laufevents und Touristik GmbH.

In the case of group or third-party registrations, the registering person confirms that all registered individuals have read and accepted the Terms and Conditions.

Each runner will receive a personal bib number, which is non-transferable. The timing transponder is integrated into the bib and must be worn visibly and unaltered on the front of the running shirt. It must not be bent or covered.

#### **Registration Deadlines**

- Regular registration deadline: October 13, 2025, at 11:59 p.m.
- Online late registration: October 14, 12:00 a.m. October 23, 2025, 11:59 p.m.
- On-site late registration:
  - Oct 24: 3:00 p.m. 7:00 p.m.
  - Oct 25: 10:00 a.m. 6:00 p.m.
  - Oct 26: 07:00 a.m. 8:00 a.m.

**Late registration** on **Sunday**, **October 26**, **2025** is only possible at the pavilion in front of the **BallsportARENA**, at the special 10k-race packet pick-up area.

Name changes or distance changes are free of charge until October 13, 2025. After this date, a processing fee of €5<sup>[\*]</sup> applies. Please send change requests by E-Mail to our timing partner: **Baer-Service –** info@baer-service.de



#### **REGISTRATION FEES / CONFIRMATION**

The organizational fee (including bib number and timing chip) depends on the registration date:

Participants who register by October 23, 2025 (11:59 p.m.) will receive a registration confirmation via email. This confirmation must be presented (digitally or printed) when picking up race materials. Collection by a third party requires a signed authorization and the official confirmation.

Starter lists can be viewed at <u>www.dresden-marathon.com</u>. If you register by October 13, 2025, your race kit can be shipped **within** Germany for a service fee (see prices on "BIB NUMBER PICKUP"). Shipping begins on October 13, 2025.<sup>[\*\*]</sup>

The registration fee (organizational fee + any booked extras like the anniversary party, medal engraving, or bib mailing) must be paid via SEPA direct debit or PayPal. Any errors and fees due to incorrect information are the responsibility of the participant.

Foreign participants may pay by credit card, PayPal or SEPA direct debit (subject to the payment provider's participation in the European Payments Council agreements).

There is no refund of the registration fee or extras in case of non-participation, including illness. No vouchers or deferrals will be issued (see Terms & Conditions).



# INCLUDED SERVICES

- Bib number with integrated disposable RFID chip & safety pins
- Course map
- Refreshments (Water) on course and at the finish
- Clothing drop-off bag
- Marathon Expo (Oct 24–26, 2025, free entry)
- Free entry to Running Medicine Symposium (Oct 25, limited capacity)
- High-quality finisher medal
- Optional medal engraving (pre-book: €10<sup>[\*]</sup>)
- Free public transport (Dresden zone) on race day
- Entertainment along the course and at start/finish area
- Online results service
- Certificate (on-site or printable)
- Showers and free pool access after the race
- Medical emergency services
- Official DLV permit fee
- And of course: professional race organization!

# COURSE

The course is a flat, officially (DLV) measured loop marked every 1 km.

The AOK 10K Run can also be completed by walkers (without poles!).

There is no separate ranking, but walkers will be assigned to a separate start block "W" at the back of the field.

## **BIB NUMBER PICKUP**

Location: BallsportARENA Dresden, Weißeritzstraße 4, 01067 Dresden

Fri, Oct 24: 3:00 p.m. – 7:00 p.m.

Sat, Oct 25: 10:00 a.m. – 6:00 p.m.

Sun, Oct 26: 7:00 a.m. – 8:00 a.m.

Sunday: Last-minute pick-up only at the large PAVILION in front of the BallsportARENA

We recommend picking up your race kit on Friday or Saturday to avoid stress and enjoy the marathon expo.

**NEW**: Participants who register by Oct 13 and pay the extra fee will receive their complete race kit by mail (Germany only, starting Oct 13).<sup>[\*\*]</sup>

**For Group registration:** Up to 4 people=15 €<sup>[\*]</sup>, 5-20 people=20 €<sup>[\*]</sup>, 21+ people=25 €<sup>[\*]</sup>



## PARTICIPATION RULES / DATA PRIVACY

All participants must be born in 2011 or earlier.

The General Terms and Conditions of Dresdner Laufevents und Touristik GmbH apply (available at <u>www.dresden-marathon.com</u> or upon request).

Use of inline skates, baby joggers, dogs, or unauthorized bicycles is prohibited and results in disqualification. Participation is at your own risk. By registering, you confirm that you are physically fit and have trained sufficiently. We strongly recommend a medical check-up beforehand. The organizer accepts no liability for health risks.

Lost items will be stored at the info stand during the event and for 14 days at the organizer's office (HEINZ-STEYER-STADIUM, Magdeburger Str. 2, 01067 Dresden).

## **ANNIVERSAY PARTY**

Join the celebration of the DRESDEN MARATHON's 25th anniversary!

On Friday, Oct 24, 2025, from 7:00 p.m., we'll kick off the marathon weekend with a party in the festival tent behind the Heinz-Steyer-Stadium.

Live band "Tänzchentee" will get the crowd going (we promise the name is misleading—it's not tea time!).

Tickets: €25<sup>[\*]</sup> per person (includes one free drink + entry into the anniversary raffle) Book your tickets during online registration. Limited to the first 500 participants!

#### MARATHON EXPO

Location: BallsportARENA Dresden Opening Hours:

| Friday, October 24:   | 3:00 p.m. – 7:00 p.m.  |
|-----------------------|------------------------|
| Saturday, October 25: | 10:00 a.m. – 6:00 p.m. |
| Sunday, October 26:   | 8:00 a.m. – 4:00 p.m.  |

The expo features sports gear, running apparel, accessories, health & nutrition products, running events, travel offers and more.



# HOW TO GET THERE

The race area is located near the "Dresden-Hauptbahnhof"-mainstation (approx. 2 km) and "Dresden-Neustadt"-station (approx. 1 km). Dresden International Airport is about 8 km away. For local public transport schedules, please visit: <u>www.dvb.de</u>.

By car or bus, the marathon start can be reached via the A4 motorway, exit Dresden-Altstadt (78), then continue approx. 3 km on the B6 in the direction of the city centre/exhibition grounds. Follow the signs for "MARATHON" and "MESSE/P7".

Navigation address: 01067 Dresden, Messering 6

Please note: On marathon day, detours and road closures may apply when coming from other directions.

The start/finish area is located near Pieschener Allee/HEINZ-STEYER STADIUM, approximately 800 metres from Dresden city centre (Zwinger Palace, Semper Opera House).

Race packet pick-up, registration office, and the marathon expo are located at:

BallsportARENA Dresden | Weißeritzstraße 4 | 01067 Dresden.

The start/finish area is easily accessible by public transport. Your bib number is valid as a ticket for all local public transport (excluding special services) in the Dresden fare zone on October 26, 2025.

From the Postplatz tram hub and the S-Bahn station Dresden-Mitte, it's about a 10-minute walk. Tram lines 6 and 11 will take you to the "Kongresszentrum" stop.

#### Please check for public transport detours on race day.



# **RACE DAY INFO**

# **START:** Sun, Oct 26, 2025 – **8:30 a.m.** at MARITIM HOTEL DRESDEN **NEW STARTING TIME!**

FINISH LINE CLOSES: 10:30 a.m. in HEINZ-STEYER-STADIUM DRESDEN

If a participant does **NOT** reach the Heinz-Steyer-Stadium by latest **10:30 a.m.**, they must unfortunately leave the course. From **10:30 a.m.**, marathon and half marathon runners will be approaching in the opposite direction at Ostra-Ufer.

#### TIMING

Timing is done via RFID disposable transponder integrated into your bib. Attach your bib at chest height using the provided safety pins. Do not fold, cover, or alter the bib—otherwise your time may not be recorded.

Both gross and net times are recorded. Rankings are based on net times.

There is no additional timing chip fee. No chip return required.

## **BAG DROP**

Label your official clothing bag with your bib number and drop it off at the designated area (tent behind Heinz-Steyer-Stadium).

#### NO bag drop at the starting line.

Bags must be collected by 5:00 p.m. The organizer is not liable for lost or damaged items.

# STARTING LINE-UP

From 08:00 a.m. in front of MARITIM HOTEL DRESDEN | Devrientstrasse Starting blocks based on bib number: E (Elite), A, B, C, W.



# **POST-RACE SERVICES**

## MEDAL ENGRAVING / PHOTOS

Medals can be engraved at the finish area:Pre-booked: $\in 10^{[*]}$  (symbol on bib)On site (cash only): $\in 15^{[*]}$ 

Official race photos will be available from <u>marathonphotos.live</u>. A link to your personal photos will be emailed after the event.

# SHOWERS / CHANGING ROOMS / TOILETS

Available at the finish area. See race packet for up-to-date info and maps.

## AWARDS & RESULTS

Every finisher receives a medal.

Awards ceremony: overall winners of the AOK 10km run: Men: *tba* | Women: *tba* 

Awards ceremony takes place at the "RADIO DRESDEN" stage in the Heinz-Steyer-Stadium.

Results and certificates will be available online.



# **GENERAL INFORMATION**

# ORGANIZER

Dresden Marathon e. V. HEINZ-STEYER-STADION Magdeburger Str. 2 01067 Dresden Chairman: Axel Teuber

## HOST

Dresdner Laufevents und Touristik GmbH HEINZ-STEYER-STADION Magdeburger Str. 2 01067 Dresden Managing Directors: Claus Lippmann, Sebastian Zehe

www.dresden-marathon.com info@dresden-marathon.com

Information is based on the planning status as of April 2025 and subject to approval by the authorities of the City of Dresden. Changes reserved.

Gender Note: For better readability, we may use only the male or female form for personal nouns. This is not intended to discriminate against any gender. When we refer to runners or participants, we mean all individuals, regardless of gender.

\* incl. statutory VAT

\*\* applies only to individual races, shipping within Germany only, one package per registration or group registration