



Information and Entry Marathon Relay

23rd DRESDEN-MARATHON, 22/10/2023

With your club, family or simply your friends - running an entire marathon once? Why not in a relay? Practice together - run together - win and celebrate together. You run the original marathon route over 42.195 kilometers, divided into four sections between 5 and 16 kilometers - past baroque and natural, through Dresden's old town, through the Grosser Garten and along the river Elbe.

Depending on your age and fitness level, sections of different lengths are available. The highlight of your relay is the joint finish with the applause of numerous spectators at the MARITIM HOTEL.

GOOD TO KNOW BEFORE RUN

REGISTRATION

www.dresden-marathon.com

Registration is made exclusively online by a relay team captain. This must be at least 16 years old but does not necessarily have to run. With the registration it is assumed that all relay participants have read and accepted the general terms and conditions.

Every relay participant gets their own bib number. The bib number is not transferable. It is clearly visible and must be worn unchanged on the front of the jersey and must not be kinked or covered. Furthermore, each participant receives a second "bib number" with the imprint "STAFFEL", which is to be attached to the back of the running shirt or jacket.

Late online-registrations are possible from October 10, 2023, midnight to October 19, 2023, midnight. Late registrations at the International Congress Center Dresden will be accepted from October 20, 2023, 3 p.m. to October 22, 2023, 9:30 a.m.



There will be a rating for following relays: male, female and mixed. Mixed relay teams consist of two male and two female runners or three and one participant of different sexes.

The eligibility varies by the respective section:

Section 1:	approx.	16 km (born in 2007 and older)
Section 2:	approx.	9 km (born in 2013 and older)
Section 3:	approx. 1	12.2 km (born in 2009 and older)
Section 4:	approx.	5 km (born in 2015 and older)

CHANGES

For name changes or changes of the section (always considering of the minimum age) by the registration deadline the team captain has to send an email to <u>info@baer-service.de</u>.

Further changes and corrections are to be made at the bib number issue (help desk) for a processing fee of € 5.00*. *) incl. VAT

ENTRY FEE / REGISTRATION CONFIRMATION

The entry fee varies depending on when you register:

- 99.00 €* up to and including March 31, 2023
- 120.00 €* up to and including June 30, 2023
- 140.00 €* up to and including October 9, 2023
- 150.00 €* up to and including October 19, 2023
- 150.00 €* Late registration at the site

*) incl. VAT and transponder.

There will be NOT additional costs for timekeeping.

Foreign participants can choose between payment by credit card, by PayPal or SEPA direct debit. Participation in the SEPA procedure requires subscription of the "Adherence Agreements of the European Payments Council (EPC)" by the payment service provider.

Incorrect information and associated fees or remittances are at the expense of the participant.

Immediately after successful online registration, a registration confirmation with the bib number will be sent. All relays who have registered by midnight on October 19th, 2023 will receive a registration confirmation shortly before the event to the specified email address. When picking up the bib numbers the submission of the registration confirmation as a printout or digitally is mandatory. The collection by another person is possible with a power of attorney of the team captain and the official registration confirmation.

The starting lists can be viewed at <u>www.dresden-marathon.com</u> The starting documents will not be sent to you.

After registration, there is no entitlement to reimbursement of the registration fee consisting of the organizational fee plus the fee for booked additional services or the issuing of a voucher for a subsequent event (see Terms and Conditions).



SERVICES

- 4 bib numbers (the first three digits are the start number, the fourth smaller digit is the section of the runner
- 4 "back marking numbers" with the imprint "STAFFEL"
- course map
- food and refreshments on the route and at the finish
- CEP Pacemaker Service
- 4 clothes bags to deposit in the underground car park of the International Congress Center and additionally four yellow linen bags from the City of Dresden for deposit at the transition areas
- Marathon Expo from 20 to 22 October 2023 (free admission)
- free admission to the Sports Medicine Symposium on 21 October 2023 (limited capacity, German language)
- Pasta Party with live music on 21 October 2023
- shuttle service from the Kreisel company for participants who left the race without injuries from km 27 to the finish area
- high quality finisher medal for each relay member (will be handed over to the final runner)
- 4 x medal engraving (name of the relay, all four first names and running time) at a price of € 24.00, incl. VAT, (to be booked in advance)
- bib number is valid as a ticket for public transportation on race day in Dresden
- entertainment along the course and in the starting and finish area
- timing (total and split times) will be done using a reusable transponder fixed to the ankle with Velcro and passed from runner to runner
- online-results
- certificate at the site or downloadable
- shower and swimming facilities free of charge after the run
- medical care
- authorization fee of the German Athletics Association
- last but not least the organization of this event

CONDITIONS OF ENTRY / PRIVACY POLICY

The eligibility (age limit) varies by the respective section (see "Registration").

The general terms and conditions of business of the sports agency creative sportmarketing apply. These are available on the Internet at www.dresden-marathon.com - Information - Downloads, can be requested by post, telephone, fax or email from creative sportmarketing and are available for viewing in the business premises at Isfriedstrasse 7, 01217 Dresden.

Participation with inline skates, nordic walking poles or other tools is not possible. Participation with jogging buggies and/or dogs is prohibited. Unauthorized bike escort (without the organizer's official authorization plate) leads to immediate disqualification of the escorted runner and thus the whole team.

Participation is at your own risk. Upon receipt of their bib number, all starters declare that there are no health concerns regarding their participation. In order to support an optimal start to physical activity and to prevent possible health risks, we ask that you fill out the short questionnaire on health carefully. The data are provided by the German Sport University Cologne scientifically documented. An evaluation of your information is provided at the end of the questionnaire. Click <u>here</u> for the optional questionnaire.



The organizer assumes no liability for lost clothing or other items. Lost and found items are deposited at the INFORMATION during the event and after the event at the security guard of the Congress Center (14 days).

COURSE

Flat route, officially measured and marked in intervals of 1 km.

ISSUING OF BIB NUMBERS

International Congress Center Dresden, Ostraufer/corner of Devrientstrasse

Friday, 20/10/2023 from 3 p.m. to 7 p.m. Saturday, 21/10/2023 from 10 a.m. to 6 p.m. Sunday, 22/10/2023 from 8 a.m. to 9.30 a.m.

Please attend at Friday or Saturday, if possible. That's how you can avoid needless stress before the start and experience the ambiance of the Marathon Expo and the Pasta Party.

Upon presentation of the registration confirmation and a written power of attorney, third parties will also receive the start documents.

MARATHON EXPO AND PASTA PARTY

International Congress Center Dresden, Ostraufer/corner of Devrientstrasse (see "Approach")

Opening hours: Friday, 20/10/2023 from 3 p.m. to 7 p.m. Saturday, 21/10/2023 from 10 a.m. to 6 p.m. Sunday, 22/10/2023 from 8 a.m. to 4 p.m.

Numerous exhibitors present their products, events and concepts at the Marathon Expo. The exhibitor profile includes sports articles and equipment, sports clothing and sports shoes, running and sports accessories, sports medicine, nutrition and health, sports literature, travel, running and sports events and much more.

The traditional Pasta Party with LIVEMUSIC will take place on Saturday, October 21st. from 12 p.m. to 6 p.m. Here you meet, exchange training and nutrition tips with sports fans and enjoy the last carbohydrate intake before the big run.



APPROACH

The competition area is close to the main train station (approx. 2 km) and the Dresden-Neustadt train station (approx. 1 km). Dresden International Airport is approximately 8 km away. For the timetable information of the Dresden transport company, go to: <u>https://www.dvb.de/en-gb/</u>.

You can reach the marathon starting area by car and bus via BAB 4, junction Dresden-Altstadt (78), continue on B 6 for approx. 3 km towards the CITYCENTER/MESSE DRESDEN. Follow the parking lot signage "MARATHON" and "MESSE/P7".

DESTINATION FOR NAVIGATION DEVICE: 01067 Dresden, Messering 6. From other directions, diversions and road closures can be expected on marathon day.

The start/finish area is in the area of Pieschener Allee/Devrientstrasse, approx. 800m away from the city center of Dresden (Zwinger, Semperoper).

The bib number issue, the registration office and the Marathon Expo are located in the International Congress Center Dresden (Ostraufer/corner of Devrientstrasse). The start-finish area is easily accessible by public transport. The start number is valid on October 22, 2023 as a ticket in all forms of public transport - except special transport - in the Dresden tariff zone. It is around a 5-minute walk from the Postplatz tram junction and the Dresden-Mitte S-Bahn station. Tram lines 6 and 11 take you to the "Congress Center".

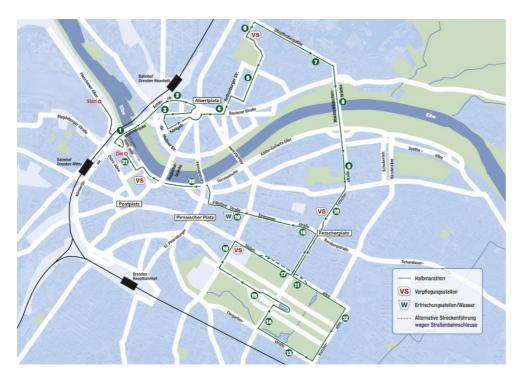
Please note the diversions of the Dresden public transport company on the day of the race.



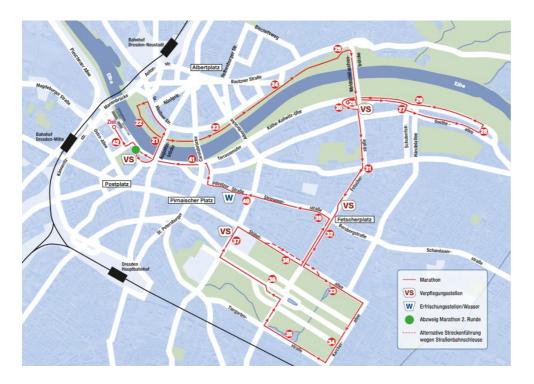
GOOD TO KNOW FOR RUNNING DAY

START: Pieschener Allee, 22/10/2023, 10.30 a.m. FINISH: MARITIM HOTEL Devrientstrasse, finish will be closed 4 p.m., time limit 5:30 hours

Marathon 1st round



Marathon 2nd round





COURSE SECTIONS / TRANSITION AREAS

The bib numbers of the marathon relay participants are differently in color from those of the other marathon runners. This makes it possible for the stewards to inform the relay participants of the exchange points. For this reason, the start number must be clearly visible at all times.

The transition areas are easily accessible by public transport (see next page). Due to the numerous road closures, no attempt should be made to organize your own transport to the exchange points.

The relay transition areas are delimited from the actual running route. Approx. 100 meters before the respective change points, signs and stewards indicate the upcoming transition area.

At each transition area there is a "pit lane" for handing over the "baton" (transponder with Velcro on the ankle). The allocation to the respective boxes is based on the start number.

Section 1st runner: approx. 16 km

From start "Pieschener Allee" to transition area "Strassburger Platz / Gläserne Manufaktur" Starting block according of the expected running time for 16km of the first runner according to the marking at the bib number.

Section 2nd runner: approx. 9 km

From transition area "Strassburger Platz / Gläserne Manufaktur to transition area "Waldschlösschenbrücke"

The second runner, like all marathon participants, must be at the junction for the second marathon round (km 20.5; Italienisches Dörfchen/Theaterplatz) by 1:15 p.m.

Section 3rd runner: approx. 12,2 km

From transition area "Waldschlösschenbrücke" to transition area "Strassburger Platz / Gläserne Manufaktur"

Section 4th runner: approx. 5 km

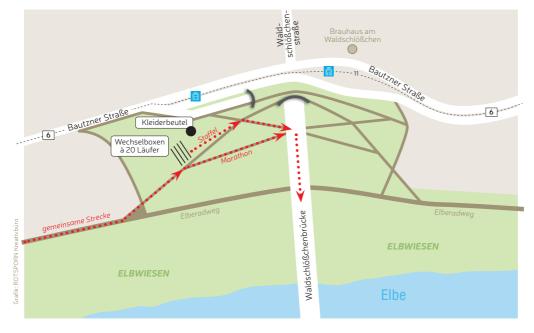
From transition area "Straßburger Platz / Gläserne Manufaktur" to the finish at MARITIM HOTEL, Devrientstrasse

Joint finish: At km 41.7 there is the possibility that runners 1-3 join the final runner and finish together. To do this, the 3rd runner would have to travel quickly by tram from Strassburger Platz to Postplatz (approx. 6 minutes driving time). From there you can reach the MEETING POINT (yellow/blue beach flag) on Terrassenufer opposite of Semperoper after a walk of approx. 500m. It is only about 450m to the finish line.

Finish will be closed 4 p.m. The event period is limited in time and the road closures on the running route only exist within the specified running times.



WECHSELSTELLE 2 WALDSCHLÖSSCHENBRÜCKE



The arrival and departure from and to the transition areas is by public transport. The start number is valid as a ticket on the day of the marathon. Attention: Please be sure to allow enough time on the day of the race, as there may be delays due to road closures.

Transition area 1+3 (Strassburger Platz/Gläserne Manufaktur) can be reached from Postplatz with tram numbers 1, 2, 4, 12.

Transition area 2 (Waldschlösschenbrücke) can be reached, for example, from "Kongresszentrum/Haus der Presse " tram number 11 (approx. every 15 minutes), journey time approx. 20 minutes).

ATTENTION: Number 11 DOES NOT operate from 10.30 a.m. to around 11.15 a.m

WECHSELSTELLE 1+3 GLÄSERNE MANUFAKTUR



EXCHANGEABLE CLOTHING

Facilities are located in the underground car park of the International Congress Center. Relay runner 1 can hand in his "pre-run" clothing, relay runner 4 his "post-run" clothing directly there. These clothes bags must be picked up by 5 p.m. at the latest.

The transport of the clothes bags to the transition areas must be regulated individually, there is no possibility of organized transport.

There are short-term baggage storage facilities at the respective transition areas.

We recommend the following procedure for the team:

The runner who starts at the exchange point brings the "post-run" clothing of the runner who runs before him to those baggage storage. At the same time, it is possible for him to hand in his own "pre-run" clothing. It is imperative to pay attention to a label with the start number. This bag is then picked up and taken away by the runner who exits at the transition area. The organizer assumes no liability for damage or loss.

TIMEKEEPING

Timekeeping will be done using a reusable transponder fixed to the ankle with Velcro and passed from runner to runner. The transponder automatically serves as a "baton" and must be passed on to the next relay runner at the transition areas. Attachment to the ankle with Velcro is imperative. The total net time of the relay and the individual split times are recorded when the start and finish as well as all control mats laid out on the route are overrun.

THE TRANSPONDER SHALL BE SUBMITTED AFTER THE FINISH!

STARTING LINE-UP

From 10.10 a.m. at Pieschener Allee (approx. 700m from the Congress Center). Starting blocks (marking of your bib number): A+E (Elite) / B / C.

FOOD AND REFRESHMENT POINTS

At the refreshment points at km 5,5 / 19 and 39,8 pure still water will be offered. There will be food points at km 10 / 20.6 / 26 / 30 / 31.6 and at the finish Tea, Water, Xenofit Iso-drinks, bananas and raisin bread is offered. Additionally, at the finish there will an offer of tea, apples, water melons and ERDINGER non-alcoholic beer. Furthermore there will be a small offer of pure still water at the transition areas.

To avoid collisions, we ask that you use the entire length of the supply points.

CEP-PACERS-SERVICE

In cooperation with the CEP paceteam, the organizer provides its proven pacemakers for the following target times: 3:00 / 3:15 / 3:30 / 3:45 / 4:00 / 4:15 / 4:30 hrs.



GOOD TO KNOW AFTER THE RACE

ENGRAVING OF MEDALS / PHOTOSERVICE

Right after the race you have the possibility to have your relays name, all the first names and total net running time engraved in all four participants medals at the finish area. You can book this service when you register ($\leq 24.00^*$ / all 4 medals). Then an "M" is printed on your start number. Please show the start number at the medal engraving. If you decide at short notice, you can also pay on site in cash ($\leq 28.00^*$). *) incl. VAT

The team of Marathon-Photos.com is the official photo partner of the DRESDEN-MARATHON. Each team captain who has given his e-mail address when registering is being sent a link by e-mail through which he has direct access to the photos of the team members. This is possible as soon as the photos are online.

SHOWERS / CHANGING AND TOILET FACILITIES

At the transition areas there are mobile toilets.

Showers, changing rooms and toilets are available also in the finish area. Current information and the map can be found on the runner information, which is available with the bib number.

PRESENTATION CEREMONY / MEDALS

All 4 runners receive a medal at the finish line if they joint finish together. Alternatively, the final runner receives all four medals.

There is a rating for male, female and mixed relays. The winners of each class are honored at the award ceremony.

The results and certificates are listed at <u>www.dresden-marathon.com</u> for download or printing.

GENERAL INFORMATION

ORGANIZING ASSOCIATION

Dresden Marathon e. V., Postfach 10 01 11, 01071 Dresden, GERMANY

EXECUTING AGENCY

creative sportmarketing / Isfriedstrasse 7 / 01217 Dresden, GERMANY

www.dresden-marathon.com info@dresden-marathon.com

We reserve the right to make changes due to official hygiene requirements or state pandemic regulations!